

# Lutheran Church of the Good Shepherd

September 2018 Newsletter

## FROM PASTOR TIM

### *Deeply Thankful for Sabbatical*

The sabbatical time you as a congregation granted me was fantastic – beyond what I had prayed for! The chronology was an opening hermitage solitude time, then a trip to Great Britain with my wife Laura, then an expanse of time at home to focus on learning my family history in ways that are wonderfully connecting me with extended family, then a closing hermitage solitude time. All this has come together in a deeply renewing way. I share with you now just a few facets of the experience.

In Oxford, England, where Laura had spent a year of her college education, I got to hear her memories as we walked the city and visited her sites. Laura had regularly attended the evening sung worships at Christ College, and it was moving for us to sit next to the choir and experience Evensong together.

After a few days in Oxford, we continued on into the England countryside of the Cotswolds, an expanse of green pastures dotted by quaint villages – many built up in the 1500s when the wool industry was at its height. We stayed for a week in a cottage in the town of Chipping Campden (population 2000), and went on many long walks along the footpaths leading out and back from the town's central market place (built in 1100). Often times these trails out into the country went right through pastures of sheep ("remember to close the gate after yourself"). Who knew that being among sheep could be so peaceful? Green pastures.

After Sunday morning worship at the town's St. James church (they celebrated their 500<sup>th</sup> anniversary some years ago), we were welcomed by very kind, fascinating people, and after worship we visited until all were gone, and I couldn't help but think of you here at home.

After a sublime week in the Cotswolds, we drove up to the Lake District, the land of Beatrix Potter and William Wordsworth. We spent some time at an ancient stone circle, and wondered at the spirituality of the people who created it. We stayed at a farmhouse bed and breakfast, and took a day to hike to the top of the Catsbells overlooking Derwentwater Lake near Keswick. The wind pulsed strong enough to knock me over once, and we learned that every year people get blown off ridges. Our walks brought us again through green pastures with various kinds of sheep. Walking and walking, looking out over still waters, we experienced the profound beauty and goodness of God's creation.

The Isle of Iona off the coast of Scotland was our next stop (after a harrowing drive to Oban, a ferry ride to the Island of Mull, a fun guided bus tour across Mull, and then a short ferry ride to Iona). We saw the Abbey as the ferry approached the island. It was tucked into a low hill along the shoreline in a way that made it look like it had been there forever. The religious community that founded it began in the 6<sup>th</sup> century when St. Columba boated across from Ireland to create a Christian movement there.

The Isle of Iona is about three miles long and a mile wide. It has about 100 people who live there year around. And it carries a peacefulness that has drawn pilgrims from around the world for centuries.



*Continued on the next page...*

*"Sabbatical" Continued from previous page....*

Worship at the ancient Abbey was at 9:00 am and 9:00 pm. As we walked in over the stone floor in the morning, we heard the kind of piano music Linda Turpening plays for us during the Imposition of Ashes at the beginning of Lent. There were about three dozen of us – just the right size for the space, and when it was time for worship to begin, the piano music stopped and the worship leader lead us into a silent worship. A half hour later, a community prayer was shared and we left, blessed. We came back that evening and experienced a sung vespers worship. Blessed. And then again the following morning – this time a spoken liturgy. Blessed.

During the day on the island we walked north, opening and closing the gates so the sheep stayed where they were supposed to be, and meandered along the ocean coastline. At some point we sat on a green grassy bluff looking out over the blue ocean, and then laid back to look at the sky. For a long time.

The Lord is my shepherd. He makes me lie down in green pastures. He leads me beside still waters. He restores my soul.

*Pastor Tim*

## **Mark your calendars! Sunday, September 9th is Rally Sunday!**

We return for bible studies, music ministry, volunteer sign-ups, and the Sunday School Open House!

Come find out how you can get involved! There are openings to be an usher, do projections, Count Offerings, Liturgists, or greet people at the door! Consider what might work for you or your family. It is wonderful to have families usher or greet. Many jobs rotate so you may need to do them once a month or a few times a year! We need you!



## **Potluck Picnic- Thank you!**

Thank you to the Stewardship Committee members and all the volunteers who assisted to make this summer event an enjoyable one.

Paula Tsufis, Stewardship Committee



**DO YOU LIKE TO SING?** - Do you enjoy singing in a fun and relaxed atmosphere? Here in the Good Shepherd choir you will find both. Our adult choir is a marvelous place to build community, share Biblical truth and proclaim it in a beautiful and creative way. We rehearse on Wednesday evenings at 7 PM, usually three times a month, and sing twice a month for worship. We welcome all singers, even those who cannot commit to our entire schedule. Just come when you can. Ability to read music is not necessary and folks who have never sung in a choir are more than welcome.

Rehearsal schedule: Wed. Sept 12, 19 and 26 - rehearsal at 7pm. We will sing for worship Sundays Sept. 23 & 30. Any questions, contact Debbie Sanders, [debra.k.sanders@icloud.com](mailto:debra.k.sanders@icloud.com) or 218-216 5366.

**"dit-ty bag"** noun- a receptacle for odds and ends, especially one used by sailors or fishermen.

"Create" and OWLs have teamed up for a **service project for the Seafarer's Center**. Please pick up a "ditty bag" at the Information Desk in the Gathering Space and fill it with the items listed. Then drop it off in the office. We will deliver these at the end of October.

Wash cloth,	Full size bar of soap,	Tooth brush,	Tooth paste,	Two razors,	Sturdy comb,
Travel size shampoo, conditioner and lotion,			Medium or small sized notebook, Pens, Pencils		
Sewing kit (optional)		First aid kit (optional)			

Dear LCGS Friends,

Thank you SO much for your amazing and generous contributions to the special offering on July 15th for our service work partners in Galveston as part of the National Youth Gathering/Synod Journey in Texas.

As a result of your kindness and giving spirits, we will be able to send \$300 to Our Daily Bread, a program serving the homeless population in Galveston, and \$300 to Access Care of Coastal Texas (ACCT), a program serving those affected by HIV/AIDS. In addition, we will be sending \$187 to our local Northeast Minnesota Synod as gesture of thanks to Catherine Anderson, Bishop Tom and all of the volunteers from that office that helped make our trip to Texas possible.

Our lives were greatly impacted - and forever changed - as a result of our experiences with Our Daily Bread, ACCT, all other service project partners, and through ALL of our powerful experiences in Galveston and Houston. You have supported us financially, emotionally, and spiritually through prayer throughout this past year of planning, fundraising and finally journeying to Texas. We can't express the depth of our gratitude to each and every one of you for making this trip possible. We are blessed beyond belief to be part of such a loving, giving and supportive congregation! We love you - and thank you from the bottom of our hearts!

The Galveston/Houston Youth and Adult Leaders see more!: [www.nemnsynod.org/SynodJourney](http://www.nemnsynod.org/SynodJourney)



## *Create, Laugh, Learn!*

### Slab Pottery with Karen Keenan

**Monday, September 24th 10:00- 3:00 PM and**

**Monday, 8th 1:00-4:00PM**

This is a two-session class. First, we will use hand- building methods to make stoneware mugs on Monday, 9/24, from 10am-3pm. The mugs will then be dried and bisque fired in the kiln.

Second, on Monday, October 8th from 1-4PM, participants will return to glaze bisqued mugs. Karen will then fire the glazed mugs. Finally, completed mugs can be picked up from Oct 19th -21st at the Nordic Center.

Bring a lunch or snack on 9/24. Cost: \$30 donation to Lake Superior Youth Chorus plus a \$5 supply fee.

Call Karen @ 724-5428 or email to [hemslojdpottery@gmail.com](mailto:hemslojdpottery@gmail.com) with questions.

Class size limit 6 but add your name to a wait list for cancellations.



**September 25th EVERYONE is welcome to help make decorations for our 75th Anniversary Celebration!**

**Please bring scissors and an apron or wear clothes that can get a little smudgy!**

**Join us in the Lower Lakeside room at 9:00-11:00AM and/or 5:30-7:30PM. We have crafts for all abilities!**



## **OWLS! (Older, Wiser, Lutheran)**

September 18th at 11:00am: We will be visiting the Hawks Ridge Observatory and visiting with the Naturalist there! Meet at the observatory (3980 E. Skyline Parkway).

The observatory is free. Bring your binoculars! And a lawn chair if needed.

We will be going to New London Café after the observatory for lunch.

Please sign-up so we can make reservations at New London. Hosts are Bill and Lauri Pagel 525-2505

Visit: [www.hawksridge.org](http://www.hawksridge.org) to learn more about what they do!

# Confirmation Dates and Details for 7<sup>th</sup>, 8<sup>th</sup>, and 9<sup>th</sup> Grade Families

Wednesday, September 12<sup>th</sup> – 5:30 – Mentor Training

This training is open to everyone – but especially those adults who are interested in helping out with the Confirmation program! Whether you're able to mentor every week, or as a substitute – you should be part of this training!

Wednesday, September 19<sup>th</sup> – 6:00 – 7<sup>th</sup> Grade Confirmation Kick Off!

This night is intentionally created just for 7<sup>th</sup> Grade families? Why?

To meet each other!

To give you a “big picture” vision of our Confirmation program

To answer any questions or concerns you have, as the newest members of our Confirmation program



Sunday, September 23 – Welcome to Confirmation Milestone

This milestone celebrates the beginning of your time in Confirmation. All 7<sup>th</sup> Graders and their families are invited to worship to receive a special gift and blessing!

Wednesday, September 26<sup>th</sup> – 6:00 – Orientation for All Grades (7-9)

Parents and students in all grades should attend this orientation. We will be walking through this year's calendar, special events, assignments, and theme. No matter what grade you are in: **this is very, very important information for you and your parents to hear!**

Wednesday, October 3 – 6:00 – First Day of Confirmation for 7<sup>th</sup> – 9<sup>th</sup> Graders

## Confirmation Dates and Details for 10<sup>th</sup> Grade Families

**Ready to Affirm Classes begin in September**

Wednesday, September 12<sup>th</sup>, September 19<sup>th</sup>, and September 26<sup>th</sup> at 7:00 pm

Final Assignments – including an interview with a Pastor, a written “This I Believe” statement, and written answers to specific questions – must be completed in early October. (Official deadline for written work is the date of your interview.)

Confirmation Breakfast and Rehearsal – Saturday, October 27<sup>th</sup> – 9:00 am- 11:00 am

Every family should plan on bringing something to share for this breakfast

The date of your Rite of Confirmation: Sunday, October 28<sup>th</sup> at 11:00 worship service.

### BACK TO SCHOOL WITH BACKPACKS

THANK YOU! You folks are amazing. Your support for the 20th annual Back to School with Backpacks ministry was great. We gave CHUM 2 backpacks as well as school supplies including folders, pencils, crayons, and scotch tape. We also donated \$375 for CHUM to purchase the most needed items. This is an exciting time for our area youth. These supplies will help them start the school year off right. And, if you took advantage of being able to shop on line through CHUM, that is much appreciated as well. Thank you for all you do!

Marcia Semerau, Reaching Out Leadership Team



**Thank you for your congregational contribution** of \$10.00 to **CHUM** in July. Your gift will allow us to continue to provide food, shelter, advocacy, and a caring community for some of Duluth's most vulnerable residents. And, thank you for your contribution of \$30.00 in August designated for CHUM's backpack distribution.

Your support of CHUM, in all ways - time, treasure and good will - makes our work possible. Thank you again.

Sincerely, Mary Schmitz - Development Director



# Sunday School Announcements

You can register for Sunday School **online now!** Type in this website address: <https://goo.gl/forms/z8LM35Wa9RHSdECE3>

Or, we will have a link set up on our church's website, Facebook page (Lcgs Duluth) and church-wide weekly emails. (If you aren't receiving our weekly emails, you can sign up on our website.) The sooner you can register online, the better! Once you have registered online, we will be able to create a nametag for your child (complete with emergency contact information!)

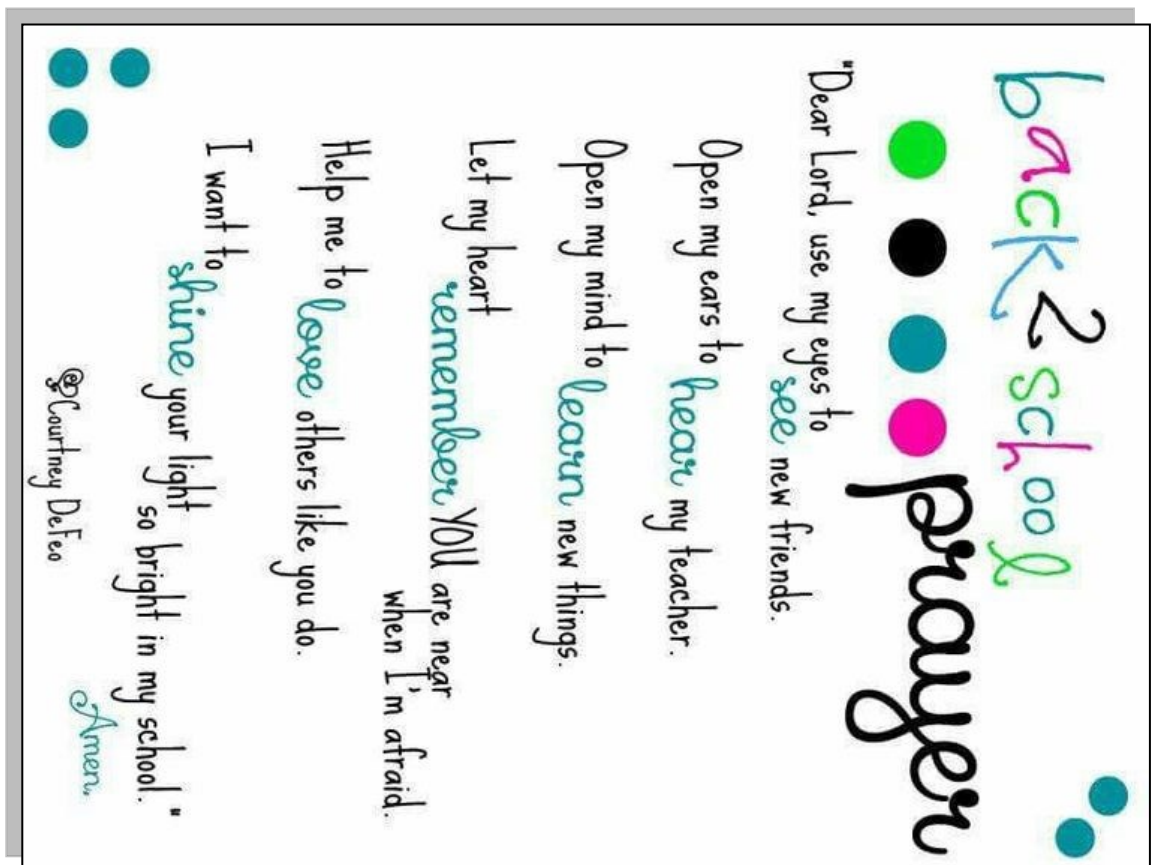
**The kick-off to the Sunday School Year will be on September 9<sup>th</sup> this year!** Please join us in worship for the Blessing of the Backpacks. Then, in between services, join us for the "Sunday School Open": Mini Golf your way through the Sunday School Classrooms! This is a great way for new families to explore the church, kids to see their classrooms, and families to meet each other! After you've completed all 9 "Holes" – join us in the Fellowship Hall for a special treat!

**Want to learn more about the Sunday School Year? Join us on Sunday, September 16<sup>th</sup> for a Family Sunday School Day!**

We'll share the theme for the year, special events that we have planned, and then we'll close with some great activities – including a service project everyone in your family can do!

**Our first Sunday School Story will be "The Widow's Offering".** Our Kindergarten – Fourth Graders will spend three weeks learning about this story through games, movies, and snack times. Our preschoolers will learn the Bible Story through simpler, age-appropriate lessons. And, our 5-6 Graders will talk about the story briefly, but also launch into service projects that are especially engaging for this age group.

**The Bible Milestone for 3 year olds and 3<sup>rd</sup> Graders will be September 30<sup>th</sup>.** Join us in worship for a special gift – a Bible – and a blessing.



## LCGS IS PRAYING

Good Shepherd randomly prays for all its members.  
During these weeks we are keeping the following in our prayers:

Sept 2- Roger & Helen Munson; Patty & Bill Altonen; Whitney & Kelly Davidson

Sept 9- Karin & Phil Sollom; Luann & Carl Munson; Jodi & Peter Altonen, Nicholas, Jenna, Alyssa and Krista; Teresa & Terry Davis

Sept 16 -Karen & Louis Somrock; Jorgen Munson; Christy & Erik Altonen; Jenna & Kenneth Davis and Connor

Sept 23 -Jeff Somrock; Audrey Amundson & Milt Legg

Sept 30 -Tracy & Tim Sorensen; Karla Spinks; Elizabeth & Craig Anderson; Lisa & Martin Dean

Prayer: *And I will bring the blind by a way that they knew not; I will lead them in the paths that they have not known: I will make darkness light before them, and crooked things straight. These things will I do unto them, and not forsake them.*  
Isaiah 42:16

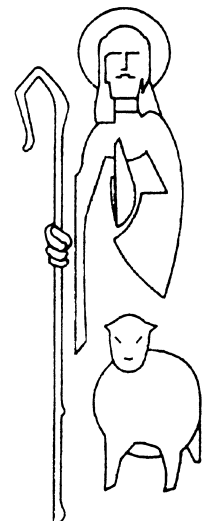


**PRAYER REQUEST** - If you would like us to pray for a specific concern, please call the office at 525-1922 and your request will be shared with others who care about your needs and believe God will hear and answer. If you have a prayer request emergency and it is after church office hours, please email Patti at [office@lcsduluth.org](mailto:office@lcsduluth.org).

**PRAYERS FOR HOSPITALIZED PERSONS** shared with the Prayer Chain (and in the Prayers of the Church) will begin with "God knows the names of all for whom we pray..." unless permission has been granted by the hospitalized individual or a family member of the individual. This is in keeping with our Privacy Policy. If you have questions/ comments regarding this policy, please feel free to discuss it with one of the pastors.

### Worship Attendance

7/1	<u>9:30</u> 160	7/8	<u>9:30</u> 128	7/15	<u>9:30</u> 143
7/22	<u>9:30</u> 76	7/29	<u>9:30</u> NA	8/5	<u>9:30</u> 98
8/12	<u>9:30</u> 81				



### **The Wired Word begins its 6<sup>th</sup> season**

Monday, September 10<sup>th</sup>, the Wired Word Contemporary Faith discussion group will meet for a discussion of a timely faith topic and brainstorming for the 2018-19 seasons.

If you are a regular member, or an occasional pop-in member, or would just like to learn more about this lively, thought provoking group, come and join us, **all are welcome**.

The traditional Sunday morning time and location are proving to be difficult for many who have expressed an interest in the discussion group. Many treasure the time spent socializing with others on Sunday mornings; others are finding more activities are being scheduled for the between services time slot; while Sunday school teachers, choir members and some committee members have conflicting commitments... How to solve this exciting and energizing development? Is it time to change the meeting day and time so the group can be more inclusive? Should the discussion format change? Could the group meet in a new off-site location? How about the addition of food or beverage?

You are invited to be part of “imagining anew” the Wired Word Discussion Group. Hope to see you on Monday, September 10, 6-7:30 in Good Shepherd’s upper lakeside room

Questions? Call:

Bill and Lauri Pagel-525-2505

Cal and Amy Loken-525-3933

Jerry and Nan Asperheim-724-7733

Bob Franseen—218-851-0465

Young and Young at Heart! Looking for those to help our congregation Sundays . Many areas to serve and the needs are present. Want to be an usher, do projections, Count Offerings or greet members at the door! Consider what might work for you or your family. It is wonderful to have families usher or greet. I particularly am inviting Young and Young at Heart to be liturgists!

Leave note (box noted Serving), emails or calls work too. Questions, Linda Susens 525. 6610 or [dalin48@charter.net](mailto:dalin48@charter.net)



**For information about retreats and facilities, including the new Voyageur Lodge overlooking Lake Vermilion, visit [www.VLMcamps.org](http://www.VLMcamps.org)! To book your retreat, contact the VLM Office at (800)331-5148.**

**Fall Work Day - Help us put camp to bed!** We’re going to need your help at the end of another exciting and faith-filled summer! **Join us for Fall Work Day on September 22nd at Camp Vermilion!**

Work Day will be from 9 a.m. to 1 p.m. and includes lunch. WE NEED ALL LCGS HANDS ON DECK!

**Family Fall Festival 2018** Experience nature’s spectacular color show this fall at Camp Hiawatha! **Come to camp on October 7th from 2 p.m. to 5 p.m. for our annual Fall Fest!** Activities include crafts, games, pumpkin painting, and a picnic supper. Cost is \$5/person, or \$20/family.

### ***Thoughts from our Parish Nurse***

#### **Change of Pace**

As always, summer has flown by. Autumn coming quickly and my pumpkins still quite small. Green yet also but that is not surprising.

Take a big breath, perhaps even a slight pause before dashing into fall. As eager as some are to see Football, Soccer and even school on the horizon, take a moment to slow down and figure out the next steps. I love the long days of daylight and even the warmth mostly but still admit to know “cool” is ahead.

What changes for you in the fall? Those of us not fully connected to school( student or teacher) still adjust our thinking to routines less flexible and time more structured. I have my yearly checkups in the fall( am I squinting more than last year?) including my follow-ups for health issues. Is this a time of change for you or loved ones? Whether big or small, life sends changes our way. New glasses or new apartments.

More vegetables and less ice cream..... always!

Be accepting, be wise, help yourselves and those around you. Willing to pause and look ahead! Seek support “as needed”. Blessings, Linda Susens Parish Nurse



**SIGN UP  
NOW!**  
Be a part  
of our new  
directory

## **NEW CHURCH DIRECTORY!**

### **Pictures being taken in September!**

Please join us for a free professional photography session and be included in the new Lutheran Church of the Good Shepherd's Directory. We need you to help make our directory complete!

**Photography dates: 9/25-9/29.** You will receive a free 8x10 portrait, a free printed directory, and have the opportunity to purchase additional portraits. Remember, This directory will not be the same without YOU! Call Cyndi with questions 218-391-8953

Register on Sunday at church or on our website: [lcgsduluth.org](http://lcgsduluth.org)

**Food Donations:** Just a reminder that we always accept food donations for CHUM. Place any nonperishable foods in the wooden cross in our entryway or in the grocery cart near the welcome center. Thank you!



**September 25th EVERYONE is welcome to help make decorations for our  
75th Anniversary Celebration!**

**Please bring scissors and an apron or wear clothes that can get a little smudgy!  
Join us in the Lower Lakeside room at 9:00-11:00AM and/or 5:30-7:30PM.  
We have crafts for all abilities!**



*Purchase with purpose. Amazon donates to  
Lutheran Church of the Good Shepherd when  
you shop for back to school supplies at  
[smile.amazon.com](http://smile.amazon.com).*

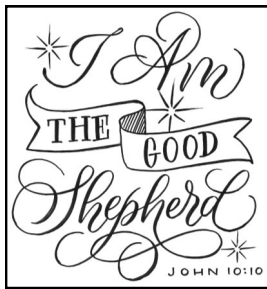
### **You can make a difference**

When you shop for back to school supplies at  
[smile.amazon.com](http://smile.amazon.com) Amazon donates.

You shop. Amazon donates.  
**amazon**smile







75<sup>th</sup> Anniversary Worship and Banquet on Sunday October 14, 2018  
Mark your calendars to join in our special 75<sup>th</sup> Anniversary Worship and Banquet

There will be only one morning Worship at 10 a.m. with Bishop Tom Aitken followed by a catered Buffet Banquet. There will be no charge for this event however a free will offering will be taken. Families are welcome and child care will be offered during the event, if desired. (Viking fans, this event should be done around noon, but we plan to offer game viewing area just in case.) Invitations with RSVP cards will be mailed in mid-September for your response in attending.



**Do you have any pictures of the church and members? Maybe a wedding or church picnic? We would love to see them! Or make copies! Let's see how we have changed through the years!**

**Lutheran Church of the Good Shepherd (ELCA)**  
1325 North 45th Avenue East, Duluth MN 55804-1507



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**October**  
**Newsletter**  
**Deadline:**  
**September 15**

## **Lutheran Church of the Good Shepherd**

**Sunday** Services at 8:45AM and 11:00AM  
Office Hours: M-Th • 9AM-4PM; Friday • 9AM—12 NOON  
Phone: 218-525-1922 •  
Website: [www.lcgsduluth.org](http://www.lcgsduluth.org)

### **MEET THE STAFF**

Pastor Dave Mesner, Lead Pastor  
(home) 218-529-9715  
email: [dmesner@lcgsduluth.org](mailto:dmesner@lcgsduluth.org)

Pastor Tim Berdahl, Pastor  
(home) 218-728-4382  
email: [tberdahl@lcgsduluth.org](mailto:tberdahl@lcgsduluth.org)

Katie Rich, Director of Youth & Family Ministry  
218-525-1922  
email: [kkrich@lcgsduluth.org](mailto:kkrich@lcgsduluth.org)

Patti Hallback, Office Manager  
218-525-1922  
email: [office@lcgsduluth.org](mailto:office@lcgsduluth.org)

Amie Abenth, Communications Coordinator  
218-525-1922  
email: [communications@lcgsduluth.org](mailto:communications@lcgsduluth.org)

Bob Franseen, custodian  
Greg Susens, custodian 218-525-1922  
Beth Lee, Treasurer 218-525-1922  
Sydney Fischer, Nursery Director 218-525-1922

Music Team:  
Linda Turpening, Organist 218-525-1922  
email: [linda@archdirect.com](mailto:linda@archdirect.com)  
Debbie Sanders, Good Shepherd Choir Director  
218-724-9065 email: [debra.k.sanders@icloud.com](mailto:debra.k.sanders@icloud.com)