

Lutheran Church of the Good Shepherd (ELCA)
1325 North 45th Avenue East, Duluth MN 55804-1507

Lutheran Church of the Good Shepherd
Services at 8:45 am and 11:00 am
Office Hours: M-Th • 9AM-4PM; Friday • 9AM—12 NOON
Phone: 218-525-1922 •
Website: www.lcgsduluth.com

MEET THE STAFF

Pastor Dave Mesner, Lead Pastor
(home) 218-529-9715
email: dmesner@lcgsduluth.org

Pastor Tim Berdahl, Pastor
(home) 218-728-4382
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Katie Rich, Director of Youth & Family Ministry
218-525-1922
email: kkrich@lcgsduluth.org

Katie Reynolds, Office Manager
218-525-1922
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Amie Abenth, Communications Coordinator
218-525-1922
email: communications@lcgsduluth.org

Stef Regenold, custodian
Greg Susens, custodian 218-525-1922
Beth Lee, Treasurer 218-525-1922
Sydney Fischer, Nursery Director 218-525-1922

Music Team:
Linda Turpening, Organist 218-525-1922
email: linda@archdirect.com
Debbie Sanders, Good Shepherd Choir Director
218-724-9065 email: debra.k.sanders@icloud.com

**April
Newsletter
Deadline:
March 15**

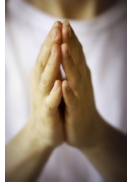
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LCGS IS PRAYING

**Good Shepherd randomly prays for all its members.
During these weeks we are keeping the following in our prayers:**



March 3	Karen & John Keenan; David Carlson; Amanda & Robert Hakala; Jody & Scott Larson, Amanda and Dustin
March 10	Amy & Richard Kastner; Nancy & John Carlson; Regis Halgren; Jean & David Larson, and Maya
March 17	Marge & Sulo Kangas; Sherri & John Carlson, and Scott; Jeanette Hall; Jill & Dan Laughlin, Kenneth and Matthew
March 24	Andrew Kaiser, Patty and Evelyn; Shirley Carlson; Sue & Rich Hall, Isaac, Emily and Benjamin; Lori & Robert LeCuyer
March 31	Betty Kane; JoAnne Carlson; Patti & Jeff Hallback; Mandi & Dallas LeCuyer, Cali, Blake and Averì

Prayer: *We love him, because he first loved us.* 1 John 4:19

PRAYER REQUEST - If you would like us to pray for a specific concern, please call the office at 525-1922 and your request will be shared with others who care about your needs and believe God will hear and answer. If you have a prayer request emergency and it is after church office hours, please email Katie at office@lcsduluth.org.

PRAYERS FOR HOSPITALIZED PERSONS shared with the Prayer Chain (and in the Prayers of the Church) will begin with "God knows the names of all for whom we pray..." unless permission has been granted by the hospitalized individual or a family member of the individual. This is in keeping with our Privacy Policy. If you have questions/ comments regarding this policy, please feel free to discuss it with one of the pastors.

Snow Cancellations

It's that time of year again! We want to make sure everyone is safe out on the roads! If Schools are cancelled, we cancel all youth activities. Otherwise, we will use our weekly email and our Facebook page to announce weather related closings at LCGS.

If you are not already receiving emails, text "LCGS" to 22828 to be added to our email list. Please take a moment to "Like" our PAGE at facebook.com/lcsduluth

Worship Attendance

	<u>8:45</u>	<u>11:00</u>		<u>8:45</u>	<u>11:00</u>
2/3	106	38	2/10	96	40
	<u>8:45</u>	<u>11:00</u>		<u>8:45</u>	<u>11:00</u>
2/17	98	30	2/24	85	28





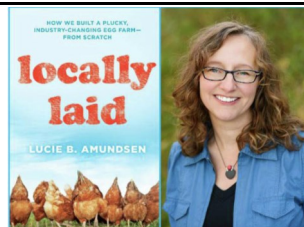
Wednesday, March 20th

Potluck beginning at 11:30 a.m.

Speaker follows, ending around 2:00 p.m.

Lucie Amundsen, author of *Locally Laid*, and co-owner of Locally Laid Egg Company

Hosted by Nan Asperheim Questions, contact Nan at 724-7733



“Second Chance to attend the Identity Theft workshop - rescheduled for March 28th!”

The Stewardship Committee is pleased to offer its first personal finance workshop for our members.

With the support of the LCGS Endowment Fund and partnering with LSS Financial Counseling Service we are offering a free workshop on identity theft; “Scam Proof Your Finances: Defending Yourself”.

Plan to leave this workshop smarter than the identity thieves. You’ll learn the many ways identity theft can happen to adults, or even kids, and steps to prevent it. Gain confidence in your safety online and in financial interactions; know about free, effective resources to turn to, if ID theft does happen. Learn what to do with a “deter-detect-defend” strategy to minimize your risk.

In this age of frequent data breaches – this is important information for everyone – teens to adults. All are welcome!!

This free workshop will be offered on Thursday, March 28th, 6:30 - 8:00 pm in the Upper Lakeside Room. Please sign up for this engaging and informative workshop in the church office or at the Welcome Desk at worship on Sundays. If you have any questions, please contact Susan Aulie at susan.aulie@outlook.com or 218-341-1083



TWINS GAME-BUS TRIP – Families Welcome! Saturday, June 15th Game starts at 6:10 p.m.

Sponsored by: Lutheran Church of the Good Shepherd OWLS (Older Wiser Lutherans)

Please join us for our second annual trip to Target Field. We are chartering a LCS luxury coach with room for 55 fans. Plans are to board the bus at 2:00 p.m. from the church parking lot and return after the 6:10 p.m. game against the Kansas City Royals. The cost of \$52 includes the ticket and bus charter. The seats are in section 206, with elevators, escalators, delicious game food and bathrooms very close to the section for easy access.

Call Marcia Opie, 218-525-2310 or email rosebud2310@msn.com to reserve your seat. Make checks payable to LCGS-OWLS. Please do not bring checks to the church office, instead mail checks to Marcia Opie at 4916 Oakley St, Duluth, MN 55804.



Bring the Sing event in Duluth on Saturday, March 23. We’ll be at Mitchell Auditorium at the College of St. Scholastica (1200 Kenwood Avenue) from 10 a.m. until 1 p.m. (doors open at 9:15 a.m.).

Co-conductors Bret Amundson and Sara Ludwig, both from the College of St. Scholastica, will lead the festivities, with Emily Valine on piano. Choral-singing and music-reading experience are not required. Voices of all abilities are welcome to this free community event. The program will include the following songs:

Felix Mendelssohn: *Elijah*: “Watching Over Israel, He Slumbers Not,” with the Highland String Quartet

Charles H. Gabriel (arr. J. David Moore): “Will the Circle Be Unbroken?” with Blake Thomas, banjo; Vince Osborne, double-bass; Jeremy Craycraft, percussion

Eric Barnum (text by Edna St. Vincent Millay): “Afternoon on a Hill”

Carly Simon (arr. Craig Hella Johnson): “Let the River Run,” with Jeremy Craycraft, percussion

Registration for this event is required. You can register when you arrive at Mitchell Auditorium. Participants can have music mailed to them, pick it up at [Whole Foods Co-op](#) (Hillside location), or pick it up the morning of the event. For questions, email bringthesing@mpr.org.

We hope to see you in Duluth! Classical MPR

Confirmation Announcements: Our Lent Schedule!

Lent begins on Ash Wednesday: Wednesday, March 6. Please join us for worship at 7:00 and receive double sermon note credit.

Our Lent Schedule: March 13, 20, 27, April 3, April 10:

5:30 – Supper (optional)

6:00 – Check in with Mentor (mandatory)

6:15 – Worship (mandatory)

Holy Week: Double Sermon Note Credit

Palm Sunday

(No Confirmation April 17)

Maundy Thursday

Good Friday

Easter Sunday



This may not “look like our typical Wednesday night” – but Lent is a big part of our Confirmation Year! The lessons continue – just in a different way!

Sunday School Announcements: “Faith Steps!”

Sunday, March 3 – Faith Steps Lesson

Sunday, March 10 – Faith Step Lesson

Sunday, March 17 – Faith Steps Lesson & Worship Practice

Sunday, March 24 – Faith Steps Worship and Easter Egg Hunt!

What are Faith Steps? Faith Steps are key pieces of our Christian faith that we want all children to know, learn, and hopefully even memorize! Faith Steps are songs, Bible Verses, and Baptismal Promises! At your child’s baptism, you promised nurture your child(ren) in faith and prayer. You also promised to teach the Creed, Lord’s Prayer, and 10 Commandments. (Those are three of our seven Faith Steps!) Faith Steps are a way for us to help you fulfill your promises. Plus, your child(ren) will learn God’s Word by heart!

Preschool: “Jesus Loves Me”

Kindergarten: Daily Prayer

1st Grade: Fruit of the Spirit

2nd Grade: Lord’s Prayer

3rd Grade: 10 Commandments

4th Grade: Apostles’ Creed

5th-6th Grade: Psalm 23



Practice your Faith Steps at Home! You can practice Faith Steps as part of your bedtime prayers, or before eating dinner, or even during breakfast. You can practice Faith Steps when you are in the car, or add it to your homework list. And the best part is? When children memorize something like a prayer or Bible Verse at this age, they will remember those words for the rest of their lives...



Sunday School! Save the Date: Sunday, March 31 will be our Annual Easter Garden Project!

As a family, create a beautiful centerpiece that re-tells the Easter Story in a memorable way. Each Easter Garden includes a cross, tomb, and a rock that rolls in front of the tomb. We will also provide grass seed, so the garden really “comes to life” as we get closer to Easter.

Note: there will be no Sunday School on Palm Sunday or Easter Sunday. On April 7, we’ll celebrate Spring Break with a special LEGO Lesson for all ages in the Fellowship Hall.

Save the Date: **Vacation Bible School**

June 17-21 9:00 am – Noon

ROAR: Life is Wild; God is Good!

Preschool (age 3) – Current 4th Graders

Older students, parents, and congregation members are welcome to volunteer with us for the week! We have LOTS of FUN!

*All Preschoolers must be potty trained

The Deadline to Register for VBS this year is Wednesday, May 15.



Summer Camp Registration is now open!



Check out the schedule on our website -
www.VLMcamps.org/summer-schedule

We are also seeking college-aged young adults to serve on our summer staff!
If you or someone you know is interested have them contact us today.



Family Camp! Canoe Camp! Elementary—High School youth camp!

Create, Laugh, & Learn - Beds for Animal Allies - Fellowship Hall March 5th Tuesday 10-4Pm

While quilting one day at church, a woman stopped in to see what we were doing. She mentioned Animal Allies gives every pet a bed to take with them to their “forever home” much like the quilts we offer to our world relief recipients and local charities. She asked if we might be willing to help in this project. We have an abundance of scrap fabric, yarns and batting from our other ministries so it seemed like a good fit to “pay it forward” once again for God’s creatures.

If you have any scrap material, batting, yarn please bring along to stuff the beds. We have lots of fabric we cannot use on quilts so this is a perfect chance to make good use of it. Bring scissors, sewing machine or serger if you can. Snacks or lunch too! Contact Sue Boutin 525-3994 with questions.



Lutheran Church of the Good Shepherd

March 2019 Newsletter

FROM PASTOR TIM

Ash Wednesday

“Remember you are dust, and to dust you shall return.”

I had a hard time speaking those words. It was years ago, in the congregation I served before coming here. There was a young mother who had gotten Lyme's disease. She had been very active in the church, but now hadn't been able to come to worship for the past two years. And then she made it; she came in on Ash Wednesday, leaning on her husband and two children. After two years of not having the energy to make her way to church, the first words I will speak to her are “Remember you are dust, and to dust you shall return.”

I wanted to say something other than those words of the Ash Wednesday liturgy – I wanted to say her name and then some kind of blessing, something like, “Child of God, we as a congregation have never forgotten you; it is so good to have you back here tonight!” Instead, I reached out my hand, traced the sign of the cross with ashes and spoke the words of the ancient liturgy, “Remember you are dust, and to dust you shall return.”

We put on ashes as an act of awareness: that God has created us out of lifeless dust, that God has put his breath to us, and that, at some point, we will return to dust. “Ashes to ashes, dust to dust.” The ashes are a symbol of our frailty, and our dependence on God, moment by moment, for life. The ashes are also a symbol of something more. We put on ashes as an act of honest confession of straying away from God. We have not loved God as we should; we have not loved our neighbors as ourselves. We find ourselves brooding over such things as holding grudges, nursing angers, or refusing to release some particular someone from a sin they have committed against us.

And so, with ashes on our heads, we join the Psalmist in calling out: “Create in me a clean heart, O God; renew a right spirit within me.” In the weeks ahead, our Lenten journey will focus on what God does through Jesus to answer this prayer. It is through the cross and resurrection that God takes away the sin of the world. In Christ we are given forgiveness. We are made clean. We are raised to new life.

On that Ash Wednesday years ago, as I spoke, “Remember you are dust, and to dust you shall return,” I traced the sign of the cross, with ashes, on the young mother's forehead. Much earlier in her life, the same sign was traced, but with water. That time, her name was spoken along with “child of God, you have been sealed by the Holy Spirit and marked with the cross of Christ forever.” Forever!

Ashes to ashes, dust to dust. And then, because of our Lord: Resurrection!

Pastor Tim

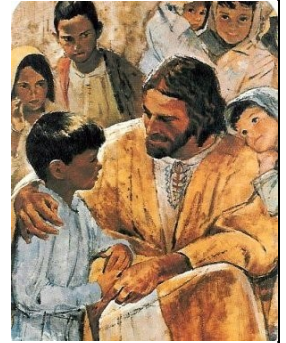
To You Who Bring Small Children to Church - We love you!

There you are sitting in worship or Bible study. Your child, or toddler, is restless. Perhaps they're even a little boisterous. You try to silence them, and nothing. You try to pacify them with food or toys, and nothing. Eventually, you resort to the last thing you wanted to do: you pick them up, and before a watching audience, you make the march out of the auditorium. All the while, you're a little embarrassed. Maybe you're a little frustrated too. You might even think to yourself, "There's no point in coming to church. I get nothing out of it because I have to constantly care for my kid."

I want you — you mothers and/or fathers — to know just how encouraging you are to so many. The little elderly woman who often fills alone beams with a smile at the sight of you wrestling with your little one. She's been there before. She knows how hard it can be, but she smiles because to hear that brings back precious memories. To see young parents and their small children brighten her day, and she may have just received bad news this week about her health, but seeing the vitality of young ones removes — if but for a moment — her fears. The older man who always seems to be grouchy notices you too. He's always talking about how children in this day have no respect or sense of good. But, he sees you — a young family — in church, and you don't miss any gathering. Like clockwork, he can depend on the sight of you and your young family. You give him hope that maybe the church isn't doomed after all, because there are still young parents who love God enough to bring their restless children to worship.

Bring your children to church. If you don't hear crying, the church is dying. As hard as it might be for you as a parent who's half-asleep, keep on doing what you're doing. You are an encouragement, and you're starting off your children's lives as you should.

Copied: (Author Unknown)



During our Annual Meeting on February 10th we elected the following Vision Council members: Mara Falteisek, Sydney Fischer, Sara Hendrickson, and Bill Pagel. We thank you so much for your willingness to serve our mission and ministry. Thank you to Jennifer Julsrud, Ken Loeffler-Kemp, Amy Packer, and Tayler Hebner as they ended their time on Vision Council, for all their time and service!

2019 LCGS Vision Council

Joel Abenth, Mara Falteisek, Sydney Fischer, Sara Hendrickson, Bonnie Keppers, Tim Kreft, Terry Leonidas, Barb Olson, and Bill Pagel

Pastor Dave Mesner, Pastor Tim Berdahl, Beth Lee - Treasurer

Almighty God, look with favor upon these people in their commitment to serve in Christ's name, give them courage, patience and vision; and strengthen us all in our witness to the world and of service to others; through Jesus Christ our Lord. Amen



Thank you for the special blessings and kind words that were shared last Sunday (February 3rd).

It has been a joy and honor to work with such a wonderful staff. I am grateful for Pastor Dave and Pastor Tim's support and encouragement through the years. Thank you for being such a lovely congregation and for all the gifts you all share.

Patti Hallback

JOIN US FOR LENT AND EASTER!

LENTEN SUPPER SERVING TEAMS — JOIN IN! We are looking for people to help us with our five **Soup Suppers**. There will be sign up sheets in the Gathering Space if you would like to be part of a serving team. As a member of a team, you would most likely be asked to bring a crock of soup and a loaf of bread. Some members of the team will need to come by 5:00 PM to help set up, and some members will need to stay for clean-up after worship.

“The goal is to have the clean up done in such a way so ALL can attend worship at 6:15pm.”

Dates for soup supper are: March 13, 20, 27, April 3 & 10. 5:30-6:15pm

NO supper on Ash Wed.) or during Holy Week.



Lent and Easter Schedule

Lent starts on Ash Wednesday, March 6 with Evening Worship & Holy Communion at 7:00PM Wednesdays in Lent March 7, 14, 21 Worship & Communion at 6:15 pm Soup Supper is beforehand at 5:30pm

Holy Week begins April 14th, Palm Sunday Worship 8:45 & 11:00am

Maundy Thursday worship, 7pm, April 18th;

Good Friday worship, 7pm, April 19th

Easter Sunday is April 21, 6:11am (sunrise service), 8:45 am & 11:00 am

Thank you for your congregational contribution of \$40.00 to CHUM in December. Your gift has been designated for CHUM's Food Shelf.

Thank you for your congregational contribution of \$24.57 to CHUM in January. Your gift will allow us to continue to provide food, shelter, advocacy, and a caring community for some of Duluth's most vulnerable residents.

We are hope filled this new year as we look forward to advocating for those we serve in the current and political and social environment. We persevere in our mission of providing basic necessities, fostering stable lives and organizing for a just and compassionate community. Our collective social consciousness must lead our hearts, prayers and actions to the work that will protect our neighbors at risk.

Your support of CHUM, in all ways - time, treasure and good will - makes our work possible. Thank you again.

Sincerely, Lee Stuart, Executive Director

Did you know...

Thanks to Thrivent Action Teams, this January we were able to donate:

- 50 Bags filled with “Breakfast on the Go” to CHUM
- 286 Pounds of “Pancakes in a Bag” to Second Harvest
- 50 “Cold Weather Kits” to Loaves and Fishes
- 80 Hygiene Kits to Damiano

And that’s just the beginning! **We could use Thrivent Action Teams to do SO MUCH GOOD in our Community!**



To learn more (and to get a free lunch or dinner!) please join us Thursday, March 14th at the Dovetail Café.
11:30 am to 1:00 pm AND 4:30 pm to 6:00 pm 1917 West Superior Street (In the Duluth Folk school Building)